





THE CAMALIER BUILDING, SUITE 506 · 10215 FERNWOOD ROAD · BETHESDA, MD 20817 · TEL (301) 530-1010 · FAX (301) 897-8597

## Varidesk

Your therapist is recommending that you should get a standing desk for your office at work to help treat your symptoms. There are a variety of places where you can buy or order a standing desk. We recommend Varidesk because they have a wide variety of options to choose from. The Varidesk can fit on a standard desk or in a cubicle, and can fit up to two computer monitors. If you would like to order a Varidesk, go onto their website <a href="https://www.varidesk.com">www.varidesk.com</a>, click shop, and find the desk that works best for you.



